Acid reflux is very common in children and is easy to miss.

If your baby has any of these symptoms...

- Frequent spitting-up or vomiting
- Cries excessively
- Has "colic"
- Refuses food
- Chokes easily
- Can’t sleep or wakes often
- Seems to be in pain
- Isn’t gaining weight well
- Has trouble swallowing or breathing
- Coughs frequently or wheezes

Your baby may have ACID REFLUX

Acid reflux is when food and stomach acid come up out of the stomach into the esophagus and the throat. It can be mild or it can be life threatening. On the back of this page, you will find a complete list of symptoms. If you do not treat reflux, it can have serious, long-term consequences. If you believe your child may have GERD, contact your pediatrician or a gastroenterologist. If you know your child has acid reflux, contact the Pediatric/Adolescent Gastroesophageal Reflux Association (PAGER) for the support you need.

PAGER Association is a parent-led, non-profit organization providing information and support to parents of children with acid reflux. Visit our web site at www.reflux.org

If you need help, send an e-mail to gergroup@aol.com or call 301-213-9533 to speak with one of our volunteers.