

COMPLETE LIST OF SYMPTOMS OF ACID REFLUX

Reflux Signs and symptoms may include one or several of the following:

EATING

Extreme pickiness about foods or textures, food intolerances, refusing food, eating only a few bites despite hunger, dream feeding (eating only when sleepy or asleep), gagging, choking, poor weight gain, weight loss.

Rare: excessive weight gain from constant feeding and comfort feeding.

DENTAL

Tooth enamel erosion, bad breath, excessive salivation/drooling.

DEVELOPMENT

Delayed motor milestones due to restricted positioning and frequent pain.

VOMITING

Frequent spitting up or vomiting, frequent wet/sour burps, wet hiccups, Silent reflux: food coming part way up more than an hour after eating, spitting up after six months of age.

Rare: projectile vomiting, forceful vomiting through the nose and mouth.

PAIN

Irritability, constant or sudden crying, "colic", back arching, abdominal pain, chest pain, heartburn, burning sensation in the esophagus, doesn't tolerate pressure on the stomach.

Rare: pain migrating to the shoulder/shoulder blade.

BEHAVIOR

Fussy, clingy, pain based aggression

RESPIRATORY

Constant runny nose, stuffy nose, frequent upper respiratory infections, sinus infections, bronchitis, croup, wheezing asthma, night cough, throat clearing, noisy breathing/stridor, labored breathing, hoarse or deep voice. Rare: pneumonia, aspiration, apnea.

SLEEP

Poor sleep, frequent waking, frequent ear infections, resists lying down, cries when placed on back or flat surface, only sleeps when upright on shoulder, car seat, wedge.

RARE

Vocal cord nodules, laryngospasm, Barrett's Esophagus, ulcers, esophagitis, Sandifer Syndrome, fainting.

